| January 1975 | February 1975 | March 1975 | April 1975 | May 1975 | June 1975 |
|--------------------|---------------|---------------------------|------------|-----------------------------|----------------|
| W 1 New Year's Day | S 1 | S 1 | T 1 | T 1 | S 1 |
| T 2 | S 2 | S 2 | W 2 | F 2 | M 2 23 |
| F 3 | M 3 6 | M 3 10 | T 3 | S 3 | T 3 |
| S 4 | T 4 | T 4 | F 4 | S 4 | W 4 |
| S 5 | W 5 | W 5 | S 5 | M 5 19 | T 5 |
| M 6 2 | T 6 | T 6 | S 6 | T 6 | F 6 |
| T 7 | F 7 | F 7 | M 7 15 | W 7 | S 7 |
| W 8 | S 8 | S 8 | T 8 | T 8 | S 8 |
| Т 9 | S 9 | S 9 | W 9 | F 9 | M 9 24 |
| F 10 | M 10 7 | M 10 11 | T 10 | S 10 | T 10 |
| S 11 | T 11 | T 11 | F 11 | S 11 | W 11 |
| S 12 | W 12 | W 12 | S 12 | M 12 20 | T 12 |
| M 13 3 | T 13 | T 13 | S 13 | T 13 | F 13 |
| T 14 | F 14 | F 14 | M 14 16 | W 14 | S 14 |
| W 15 | S 15 | S 15 | T 15 | T 15 | S 15 |
| T 16 | S 16 | S 16 | W 16 | F 16 | M 16 25 |
| F 17 | M 17 8 | M 17 St. Patrick's Day 12 | T 17 | S 17 | T 17 |
| S 18 | T 18 | T 18 | F 18 | S 18 | W 18 |
| S 19 | W 19 | W 19 | S 19 | M 19 21 | T 19 |
| M 20 4 | T 20 | T 20 | S 20 | T 20 | F 20 |
| T 21 | F 21 | F 21 | M 21 17 | W 21 | S 21 |
| W 22 | S 22 | S 22 | T 22 | T 22 | S 22 |
| Т 23 | S 23 | S 23 | W 23 | F 23 | M 23 26 |
| F 24 | M 24 9 | M 24 13 | T 24 | S 24 | T 24 |
| S 25 | T 25 | T 25 | F 25 | S 25 | W 25 |
| S 26 | W 26 | W 26 | S 26 | M 26 Spring Bank Holiday 22 | T 26 |
| M 27 5 | Т 27 | Т 27 | S 27 | Т 27 | F 27 |
| Т 28 | F 28 | F 28 Good Friday | M 28 18 | W 28 | S 28 |
| W 29 | | S 29 | T 29 | T 29 | S 29 |
| Т 30 | Weeknumber.in | S 30 | W 30 | F 30 | M 30 27 |
| F 31 | | M 31 Easter Monday 14 | | S 31 | |

| July 1975 | August 1975 | September 1975 | October 1975 | November 1975 | December 1975 |
|-------------------------------|-----------------------------|----------------|--------------|---------------|--------------------|
| T 1 | F 1 | M 1 36 | W 1 | S 1 | M 1 49 |
| W 2 | S 2 | T 2 | T 2 | S 2 | T 2 |
| T 3 | S 3 | W 3 | F 3 | M 3 45 | W 3 |
| F 4 | M 4 32 | T 4 | S 4 | T 4 | T 4 |
| S 5 | T 5 | F 5 | S 5 | W 5 | F 5 |
| S 6 | W 6 | S 6 | M 6 41 | Т 6 | S 6 |
| M 7 28 | T 7 | S 7 | T 7 | F 7 | S 7 |
| T 8 | F 8 | M 8 37 | W 8 | S 8 | M 8 50 |
| W 9 | S 9 | T 9 | T 9 | S 9 | T 9 |
| T 10 | S 10 | W 10 | F 10 | M 10 46 | W 10 |
| F 11 | M 11 33 | T 11 | S 11 | T 11 | T 11 |
| S 12 Battle of the Boyne | T 12 | F 12 | S 12 | W 12 | F 12 |
| S 13 | W 13 | S 13 | M 13 42 | T 13 | S 13 |
| M 14 Battle of the Boyne (29 | T 14 | S 14 | T 14 | F 14 | S 14 |
| T 15 | F 15 | M 15 38 | W 15 | S 15 | M 15 51 |
| W 16 | S 16 | T 16 | T 16 | S 16 | T 16 |
| T 17 | S 17 | W 17 | F 17 | M 17 47 | W 17 |
| F 18 | M 18 34 | T 18 | S 18 | T 18 | T 18 |
| S 19 | T 19 | F 19 | S 19 | W 19 | F 19 |
| S 20 | W 20 | S 20 | M 20 43 | T 20 | S 20 |
| M 21 30 | T 21 | S 21 | T 21 | F 21 | S 21 |
| T 22 | F 22 | M 22 39 | W 22 | S 22 | M 22 52 |
| W 23 | S 23 | T 23 | T 23 | S 23 | T 23 |
| T 24 | S 24 | W 24 | F 24 | M 24 48 | W 24 |
| F 25 | M 25 Summer Bank Holiday 35 | T 25 | S 25 | T 25 | T 25 Christmas Day |
| S 26 | T 26 | F 26 | S 26 | W 26 | F 26 Boxing Day |
| S 27 | W 27 | S 27 | M 27 44 | Т 27 | S 27 |
| M 28 31 | T 28 | S 28 | T 28 | F 28 | S 28 |
| Т 29 | F 29 | M 29 40 | W 29 | S 29 | M 29 1 |
| W 30 | S 30 | Т 30 | Т 30 | S 30 | Т 30 |
| T 31 | S 31 | | F 31 | Weeknumber.in | W 31 |